



REGISTRATION FORM

Event Date: First Saturday in May

(Please print clearly, provide all requested information, and sign/date below)

NAME _____

ADDRESS _____

CITY _____ STATE _____ POSTAL CODE _____

EMAIL ADDRESS _____ PHONE NUMBER _____

AGE GROUP: Male 16+ Male 0-15 Female 16+ Female 0-15
T-SHIRT SIZE: XS YM YL S M L XL XXL XXXL

Event t-shirts available while supplies last and distributed to early registrants first.

EARLY REGISTRATION FEE: \$20/person on or before April 30
STANDARD REGISTRATION FEE: \$30/person after May 1
If you do not have a DNR Entrance Permit, you will pay a \$7 in-state and \$9 out-of-state per car gate fee on race day.

Checks for registration fees should be sent and made payable to: **Friends of Lincoln State Park**
PO Box 601
Chrisney, IN 47611

To pay with a credit or debit card, please use online registration.

Online Registration: Register online at <https://lspfriends.com> before 7:00 PM CDT one day prior to the race
Check-in/Line-up: Begins at 8:00 AM CDT-- Beach Parking Lot
Start Time: **FIRST SATURDAY IN MAY AT 9:00 AM CDT**
Course: 5K (3.1 mi) traversing both paved roads and some park trails
Awards: Prizes for top male and female finishers (adults and under 16) plus random door prizes
Proceeds benefit activities and projects of the Friends of Lincoln State Park.

ALL PARTICIPANTS MUST ACKNOWLEDGE AND AGREE TO THE FOLLOWING

Release of Liability

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in races, including, but not limited to: falls, contact with other participants, the effect of the weather, including high heat and/or humidity or lightning, the conditions of the road and traffic on the course, all risks being known and appreciated by me. Having read this waiver and knowing the facts and in consideration of your acceptance of my entry in the race, I, for myself and anyone entitled to act on my behalf, waive and release the directors of this race, Lincoln State Park and Friends of Lincoln State Park, Inc., all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in the waiver. I grant permission to all of the foregoing to publication and use of any photographs, motion pictures, recordings or any other record of the race for legitimate purposes.

Signature

Date